

Your employee is interested in learning new skills with AMA. Beyond helping you both achieve your goals, here's why that's an excellent idea.

AMA Seminars offer your employee:

- **Extensive practice in a supportive environment.** You really can't learn new skills from an app. You need to experience it, practice it, and get personal attention to the details that make a difference. There is simply no substitute for learning by doing.
- **Feedback from experts.** Our instructors are not professors—they are practitioners in the field, focused on what works now in the real world. Participants agree instructors make a difference and have rated our faculty 4.83 out of 5 stars. What's more, your employee will be learning alongside peers from other organizations gaining insight and knowledge from other industries and expanding their professional network.
- **Tools and techniques designed to improve performance.** Our courses are instructionally designed to make a difference in performance, which is why 99% of participants report they are using what they learned back on the job after taking one of our courses.
- **An Experience.** Yes, we know two or three days seems like a lot. But dedicating that time to truly master new skills is worth the time and money. And we're not just saying that--our customers agree: 98% of participants would come back for another course.

Still feel like you can't spare your employee for a training session?
Take a look at [our live online courses](#) which minimize time away from work.

Either way, remember that we don't lecture—we accelerate performance.

Establishing Positive Relationships and Ending Conflict

Are you involved in daily conflicts with co-workers? Is your work environment becoming increasingly unpleasant? Is this impacting your performance?

If the atmosphere at work is tense, this can lead to team demotivation and poor morale. Tense situations and minor daily conflicts can escalate if they are not dealt with.

To turn this kind of situation around, you must learn to express yourself assertively and set limits without adopting passive or aggressive behavior. Improve your understanding of your supervisors' and co-workers' motivation and actions. And apply straightforward methods for dealing with and resolving conflict.

How You Will Benefit

- Analyze the conflict you are involved in
- Review your position in the situation and the positions of others
- Apply win-win negotiating methods
- Implement techniques for resolving the conflict
- Promote cooperation with co-workers
- Avoid loss of motivation and energy resulting from conflicts
- Increase productivity
- Enhance your communication skills
- Establish win-win relationships