

# 3 Steps to Exceptional Critical Thinking

## Learning Objectives

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- Leverage your thinking styles
- Articulate a working definition of critical thinking
- Use critical thinking skills to reframe a presenting issue as an actionable problem
- Applying critical thinking skills to develop solutions

## Recognize How You Think

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- Recognize the mindset of effective critical thinkers
- Understand the brain functions involved with critical thinking
- Determine how your thinking styles relate to your approach to critical thinking

## Correctly Frame Problems

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- Identify the ways emotions and persuasion techniques affect problem framing
- Recognize cognitive biases that interfere with objectively assessing data
- Translate presenting issues into actionable problems

## Find the Right Solutions

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- Practice using diagrams to assess data, check for gaps, and communicate solutions to others
- Understand techniques used to determine the best solution for a problem
- Apply these techniques to real-life situations