

How to Flex Your Communication Style

Learning Objectives

- Flex Your Personal Style to Improve Your Communication, Personal Effectiveness, and Relationships

Communication Style Differences

- Explain How Personal Style Impacts Your Ability to Communicate Effectively with Others
- Identify Your Personal Style
- Identify Others' Personal Styles
- Examine the Opportunities and Challenges of the Various Personal Styles, Including Yours

Flexing Personal Styles

- “Flex” Your Personal Style to Communicate More Effectively with Others