

## **American Management Association's How to Flex Your Communication Style**

### ***Learning Objectives***

- Flex Your Personal Style to Improve Your Communication
- Flex Your Personal Style to Improve Your Personal Effectiveness
- Flex Your Personal Style to Improve Your Relationships

### ***Communication Style Differences***

- Explain How Personal Style Impacts Your Ability to Communicate Effectively with Others
- Identify Your Personal Style
- Identify Others' Personal Styles
- Examine the Opportunities and Challenges of the Various Personal Styles, Including Your Own

### ***Flexing Personal Styles***

- “Flex” Your Personal Style to Communicate More Effectively with Others